

Eaves Primary School

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Cooks specialities	Tomato & basil pasta	Cottage Pie	Roast chicken with gravy	Beef burger on a bun	Battered Fish
	Jacket potato with filling	Veggie Fingers	Cheese Flan	Mac 'n' cheese	Cheese & tomato pizza
Deli Bar & potato bar	Sandwich/wrap/roll Ham/cheese/tuna	Sandwich/wrap/roll Ham/cheese/tuna	Sandwich/wrap/roll Ham/cheese/tuna	Sandwich/wrap/roll Ham/cheese/tuna	Sandwich/wrap/roll Ham/cheese/tuna
carbs	Choice of vegetables	Choice of vegetables	Choice of vegetables	Choice of vegetables	Choice of vegetables
Puddings	Fresh fruit salad	Oat Cookie	Fruit Jelly	Pineapple cake & custard	Raspberry ripple ice cream
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Cooks specialities	Vegetable Enchiladas	Chicken curry	Roast Beef & gravy	Pork Meatballs Marinara	battered fish
	Jacket potato with filling	Sausage roll	Roasted Quorn Strips	Marinara Pasta Bake	Cheese & tomato pizza
Deli Bar & potato bar	Sandwich/wrap/roll Ham/cheese/tuna	Sandwich/wrap/roll Ham/cheese/tuna	Sandwich/wrap/roll Ham/cheese/tuna	Sandwich/wrap/roll Ham/cheese/tuna	Sandwich/wrap/roll Ham/cheese/tuna
Carbs	Choice of vegetables	Choice of vegetables	Choice of vegetables	Choice of vegetables	Choice of vegetables
Puddings	Reduced sugar donut	Fruit Jelly	Home-made shortbread	Fresh Fruit salad	Fruit ice lolly
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Cooks specialities	Home-made Quorn curry	Sausage with gravy	Roast of the day with gravy	Lasagne	Battered fish
	Jacket Potato with filling	Margherita Panini	Sweet potato & salmon fishcake	Vegan Quorn nuggets	Cheese & tomato pizza
Deli Bar & potato bar	Sandwich/wrap/roll Ham/cheese/tuna	Sandwich/wrap/roll Ham/cheese/tuna	Sandwich/wrap/roll Ham/cheese/tuna	Sandwich/wrap/roll Ham/cheese/tuna	Sandwich/wrap/roll Ham/cheese/tuna
Carbs	Choice of vegetables	Choice of vegetables	Choice of vegetables	Choice of vegetables	Choice of vegetables
Puddings	Strawberry yoghurt	Chocolate surprise cake	Fruit salad with yoghurt	Fruit muffin	Raspberry ripple ice cream